



# NEWS RELEASE

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FOR IMMEDIATE RELEASE

## City of Las Vegas December 2009 Leagues, Sports & Swimming Activities (all ages)

*All activities are subject to change. List is not all-inclusive. For a complete list of activities, go online to [www.lasvegasparcsandrec.com](http://www.lasvegasparcsandrec.com) for the Fall Leisure Guide. Most activities require advance registration. Centers will be closed Dec. 25. Veterans Memorial Leisure Services Center will be closed Dec. 19-Jan. 2.*

### **Sprinting into the Holidays 5K and Fun Walk with Dogs for Charity** (all ages)

Saturday, Dec. 19, 7:30 a.m. registration; 9 a.m. events begin; 10:30 a.m. winners announced.

Fee: \$20 pre-registration at [www.active.com](http://www.active.com); \$25 at event; includes bib, Santa hat and candy cane.

Majestic Park, 3997 N. Hualapai Way (at Alexander Road).

Join Councilman Stavros Anthony and his dogs Jessie and Lexie in staying fit during the holidays with a 5K run or one-mile fun walk, with or without your dog. Please bring charitable donations: gently used items for Goodwill, pet care items for our local animal shelter, and your old cellular phone for the Cell Phones for Soldiers program. Bring your camera to take a photo with Santa! All proceeds from the event will benefit Goodwill of Southern Nevada. Enjoy children's performing groups and beverages provided by the Coca-Cola Company. Meet local community vendors offering cocoa, coffee and breakfast items for sale. There is a limit of one dog per person; each animal must remain on a leash. All dogs should wear a current rabies tag and be up-to-date on all vaccinations. Please do not bring dogs "in-heat" or that may be a threat to others. Event officials reserve the right to refuse aggressive animals. Participants are asked to clean up after their pets. A parent or guardian must sign the liability waiver for children under 18 years of age to participate. Call 229-2524 for more information.

### **Adult Sports**

Fee: \$2 per day plus \$2 annual membership fee

Dula Gymnasium, 441 E. Bonanza Road, (702) 229-6307.

Dula Gym offers pickle ball, paddle tennis, table tennis, badminton, basketball, volleyball as well as other activities. Free area hikes are available on Tuesdays. Bowling at special rates is available at Sam's town lanes on Monday mornings. Call for times and league information.

### **Open Badminton** (all ages)

Monday, Wednesday and Friday, noon to 3:30 p.m.

Fee: \$2

Mirabelli Community Center, 6200 Hargrove Ave., (702) 229-6359.

### **Open Volleyball** (ages 16+)

Tuesdays, 6 to 9 p.m.

Fee: \$2 daily per player

Mirabelli Community Center, 6200 Hargrove Ave., (702) 229-6359.

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**Municipal Pool**, 431 E. Bonanza Road, 229-6309. Through Jan. 3, pool and weight room hours will be Monday-Friday, 8 a.m. to 4 p.m., and Saturday, noon to 5 p.m. Adult lap swim hours are Monday-Friday, 4 to 8 p.m. The pool will be closed all holidays.

**Open Table Tennis** (ages 40+)

Fridays, 8 to 11 a.m.

Fee: \$2 daily

Mirabelli Community Center, 6200 Hargrove Ave., 229-6359.

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