



NEWS RELEASE

Telephone: 229-6993

Cell: 249-1828

David Riggleman: 229-6138
Communications Director

Contact: Margaret Kurtz

Wednesday, Oct. 28, 2009

FOR IMMEDIATE RELEASE

City of Las Vegas December 2009 Young Adult & Adult Classes and Activities

All activities are subject to change. List is not all-inclusive. For a complete list of activities, go online to www.lasvegasparksandrec.com for the Fall Leisure Guide. All activities require advance registration. Centers will be closed Dec. 25. Veterans Memorial Leisure Services Center will be closed Dec. 19-Jan. 2.

Free Parenting Solutions Class (ages 16-adult)

Tuesdays, 6 to 8:30 p.m.

Becker Community School, 9110 Hillpointe Road, (702) 229-2482.

Free Parenting Solutions Class (ages 16-adult)

Wednesday, 6 to 8 p.m.

Cimarron Rose Community Center, 5591 N. Cimarron Road, 229-1607.

Free Nurturing Parents & Families Class – in Spanish (ages 16-adult)

Thursdays, 6 to 8:30 p.m. Dates to be determined.

Clark Community School, 3074 Arville Street, (702) 229-3686.

Designed for parents of children from 6 months to 5 years old, this program promotes positive, healthy and nurturing interactions between parents and children. Developmental stages of children from infancy through preschool are presented. Parents learn stress management techniques, how to establish routines and handle anger. Problem-solving techniques and appropriate behavior management methods are presented and practiced. Call 455-5295 to enroll in this free class.

Free Nurturing Parents Class (ages 16-adult)

Wednesdays, 6 to 8:30 p.m.

Becker Community School, 9110 Hillpointe Road, (702) 229-2482.

Free ABCs of Parenting Class (ages 16-adult)

Thursdays, 6 to 8:30 p.m.

Becker Community School, 9110 Hillpointe Road, (702) 229-2482.

Free English as a Second Language Classes (ages 18+)

Mondays, 9 a.m. to noon or 5 to 8 p.m.

Rafael Rivera Community Center, 2900 E. Stewart Ave., (702) 229-4600.

Offered through the Clark County School District. Call 855-8000, ext. 5808 for registration.

Free GED Preparation (ages 16-adult)

Monday-Thursday, 8:30 a.m. to 12:30 p.m.

Stupak Community Center, 300 W. Boston Ave., (702) 229-2488.

Call 799-8650 for information and to register.

-more-

Citizenship Classes (ages 18+)

Mondays, Tuesdays and Wednesdays, 6 to 8 p.m. or Saturdays, 9 a.m. to 1 p.m.

Fee: \$25 for weekday classes; \$15 for Saturdays only.

Stupak Community Center, 300 W. Boston Ave., (702) 229-2488.

For information, and to register, call Myra Crum at 229-2488.

Beginning and Intermediate Computer Classes (adults)

Tuesdays and Fridays 4 to 6 p.m., 6 to 8 p.m.

Fee: \$20 for 6 classes, plus \$2 annual membership fee.

Dula Gymnasium, 441 E. Bonanza Road, (702) 229-6307.

Beginner classes on Fridays teach basic computer usage and Microsoft Word Pad software.

Intermediate classes on Tuesdays learn Microsoft Works, Microsoft Word and using the Internet.

Instructor Carlos Pavon limits class to 8 people.

-end-