



# NEWS RELEASE

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FOR IMMEDIATE RELEASE

## City of Las Vegas November 2009 Young Adult & Adult Classes and Activities

*All activities are subject to change. List is not all-inclusive. For a complete list of activities, go online to [www.lasvegasparcsandrec.com](http://www.lasvegasparcsandrec.com) for the Fall Leisure Guide. Most activities require advance registration. Most centers will be closed Nov. 11, 26-27. Doolittle Community Center also will be closed Nov. 8-22.*

### **Free Parenting Solutions Class** (ages 16-adult)

Tuesdays, 6 to 8:30 p.m.

Becker Community School, 9110 Hillpointe Road, (702) 229-2482.

### **Free Parenting Solutions Class** (ages 16-adult)

Wednesday, 6 to 8 p.m.

Cimarron Rose Community Center, 5591 N. Cimarron Road, 229-1607.

### **Free Nurturing Parents & Families Class – in Spanish** (ages 16-adult)

Thursdays, 6 to 8:30 p.m. Dates to be determined.

Clark Community School, 3074 Arville Street, (702) 229-3686.

Designed for parents of children from 6 months to 5 years old, this program promotes positive, healthy and nurturing interactions between parents and children. Developmental stages of children from infancy through preschool are presented. Parents learn stress management techniques, how to establish routines and handle anger. Problem-solving techniques and appropriate behavior management methods are presented and practiced. Call 455-5295 to enroll in this free class.

### **Free Nurturing Parents Class** (ages 16-adult)

Wednesdays, 6 to 8:30 p.m.

Becker Community School, 9110 Hillpointe Road, (702) 229-2482.

### **Free ABCs of Parenting Class** (ages 16-adult)

Thursdays, 6 to 8:30 p.m.

Becker Community School, 9110 Hillpointe Road, (702) 229-2482.

### **Free English as a Second Language Classes** (ages 18+)

Mondays, 9 a.m. to noon or 5 to 8 p.m.

Rafael Rivera Community Center, 2900 E. Stewart Ave., (702) 229-4600.

Offered through the Clark County School District. Call 855-8000, ext. 5808 for registration.

### **Free English as a Second Language Classes** (ages 18+)

Tuesdays and Thursdays, 6 to 8 p.m., beginning Nov. 3

Gibson Community School, 3990 W. Washington Ave., (702) 229-5096.

Call the College of Southern Nevada at 651-4487 to register.

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**Free GED Preparation** (ages 16-adult)

Monday-Thursday, 8:30 a.m. to 12:30 p.m.

Stupak Community Center, 300 W. Boston Ave., (702) 229-2488.

Call 799-8650 for information and to register.

**Citizenship Classes** (ages 18+)

Mondays, Tuesdays and Wednesdays, 6 to 8 p.m. or Saturdays, 9 a.m. to 1 p.m.

Fee: \$25 for weekday classes; \$15 for Saturdays only.

Stupak Community Center, 300 W. Boston Ave., (702) 229-2488.

For information, and to register, call Myra Crum at 229-2488.

**Beginning and Intermediate Computer Classes** (adults)

Tuesdays and Fridays 4 to 6 p.m., 6 to 8 p.m.

Fee: \$20 for 6 classes, plus \$2 annual membership fee.

Dula Gymnasium, 441 E. Bonanza Road, (702) 229-6307.

Beginner classes on Fridays teach basic computer usage and Microsoft Word Pad software.

Intermediate classes on Tuesdays learn Microsoft Works, Microsoft Word and using the Internet.

Instructor Carlos Pavon limits class to 8 people.

**Citizenship Classes** (ages 18+)

Mondays, Wednesdays and Fridays, 6 to 8 p.m., beginning Nov. 2 and Nov. 30.

Fee: \$25 for four-week session

Gibson Community School, 3990 W. Washington Ave., (702) 229-5096.

Preparation for the naturalization process, with emphasis on the exam and interview.

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